

Dear Allenby Families:

**The APA After 4 Committee is pleased to introduce an exciting line-up of courses for the Fall 2013 session. All classes run from 3:40 to 4:45 pm.**

The goal of the After 4 program is to offer enriching and affordable activities to all Allenby Students after school. It is not an alternative to childcare, and only Allenby students are eligible to participate.

*See pages 2 – 5 for Course Descriptions.*

*See page 6 for Conditions of Registration and Participation.*

*See page 7 for Schedule and Cost Summary and Registration Form.*

The Fall 2013 After 4 session will run for 8 weeks beginning the week of **October 7<sup>th</sup>** and ending the week of **November 25<sup>th</sup>**. Monday classes are 7 weeks (no classes on October 14<sup>th</sup> for Thanksgiving Monday). Babysitting is a 6 week class.

**Registration forms will be accepted until September 27<sup>th</sup>, 2013. Registration is done on a first come first served basis, due to limited availability in some courses. If your child does not get into their first course choice, a member of the After 4 Committee will contact you for a second or third choice.**

If you have any questions, please contact:

Jennifer Pomerantz [jenpomerantz@sympatico.ca](mailto:jenpomerantz@sympatico.ca)

Thank you from **The APA Allenby After 4 Committee:**

Jennifer Bain [jazzbain@gmail.com](mailto:jazzbain@gmail.com)

Jennifer Pomerantz [jenpomerantz@sympatico.ca](mailto:jenpomerantz@sympatico.ca)

Eva Vanek [geoffandevavanek@bell.net](mailto:geoffandevavanek@bell.net)

## MONDAY PROGRAMS (7 weeks)

### Acting and Improv (Lori Pearlstein's Playworks)

Grades: 1-5

Cost: \$102

Min/Max: 5/14

This class offers born performers and children who need to break out of their shell a chance to express themselves. In the world of Improv, there are no "lead" roles. Everyone is on the same playing field. Whether they're playing Second City/Who's Line is it Anyway style games, or creating bullying prevention through play, they learn how to think quickly on their feet, and build self esteem. Boys and girls are empowered by what they discover about themselves, they have a blast, and acquire valuable life skills at the same time!

### Art – Mixed Media (Artistic Way)

Grades: 1-6

Cost: \$123

Min/Max: 6/18

Learn to use an exciting variety of artists' tools, media and techniques. Develop your artistic skills and expand your imagination while a professional artist guides your explorations. All materials are included.

### Soccer (Lytton Park)

Grades: 1-6

Cost: \$135

Min/Max: 10/24

Learn to play soccer through the acquisition of soccer specific skills. Each class will include skill related instruction, lead up games, and mini soccer games. The goal of the program is to provide an environment for learning individual ball handling skills and small group tactics. Soccer can be fun for every child when they have the opportunity to touch the ball and develop skills. Fundamental soccer skills are taught through a games and discovery based approach. Players participate in activities to develop both teamwork and essential skills in a manner that emphasizes enjoyment of the sport. This is a unique way for kids to learn the fundamentals of soccer. Challenging skill building activities, fun games & competitions taught in small groups by Lytton Park will captivate and enlighten your child. Each participant must bring: running shoes, shorts, sweatpants, and water bottle; please ensure that all personal items are labelled.

### Ukulele (Snider School of Music) **NEW!**

Grades: 3-6

Cost: \$160

Min/Max: 4/12

Get your strum on! Learn to play the Ukulele! An experienced teacher from the Dave Snider School of Music will introduce students to the ukulele, teach chords, help develop a song structure and teach popular songs all while addressing each student's progress on an individual basis. Lesson plans for varying ages and abilities. Student age, interest, song choices, and skill level will dictate weekly progress. Ukulele included in cost.

## TUESDAY PROGRAMS

### **Hip Hop Dance (The Kids Fun Factory)**

Grades: 1-6

Cost: \$115

Min/Max: 8/14

This is a trendy choice for children who want dance skills, fun, and fitness. Participants will learn balance, flexibility, and coordination while doing age-appropriate, stylish routines. Each week they will develop hip-hop skills and build them into routines and improvisation. A performance will take place during the last class.

### **KangaKids Fitness (Kanga Kids Toronto)**

Grades: 2-6

Cost: \$130

Min/Max: 10/20

Jumping for joy is now an exercise! Who doesn't love to bounce? Imagine trampolines on your shoes and you've got Kangoo Jumps. They are safe, low impact rebound exercise shoes providing many health and fitness benefits. Most of all, they're fun! Join the KangaKids After School Program to bounce through games, sports, routines, bootcamp, and so much more on Kangoo Jumps! For more information, please visit the website [www.kangakidstoronto.com](http://www.kangakidstoronto.com).

### **Lego ® Explorers and Builders Club (Creative Club Inc.)**

Grades: 1-6

Cost: \$145

Min/Max: 8/20

Fantastic! Amazing! So Cool! These are the words used by kids enrolled in our LEGO® Building Program in over 30 schools across the GTA. Led by our Creative Leader, we engage kids with hands-on guidance in building unique structures made out of LEGO. Each week, we challenge kids to work in groups and plan, design, build and present a structure based on specific criteria. The results are photographed and put online for parents and friends to see. This year each child will receive a FREE LEGO minifigure PLUS a LEGO portfolio which includes the history of LEGO, inspirational pictures, course curriculum, and other exciting information about LEGO. Your kids will love it!

### **Mad Science – Extraordinary Laboratory (Mad Science of Toronto)**

Grades: 1-6

Cost: \$134

Min/Max: 12/20

Students will not believe their eyes as they examine different optical illusions and watch as light and colour interact, tricking their sense of sight. Children will participate in classes where their taste buds will be put to the test - they will learn how their sense of taste works. Studying the scientific principles of heat, students build their own thermometer. Students will learn all about magnets and how they are used in our everyday lives. The basics of sound will be revealed with a cool Mad Science twist - children's voices will be wildly distorted through a Mad Science sound machine. We will wow them with polymers in one of the most popular Mad Science Programs - Mad Science Putty!!! Educational, entertaining and sticky...what more could a kid wish for?

**Topics:** Watts-Up, Magnetic Magic, Optical Illusions, Lights...Colour...Action, Che-Mystery, Sonic Sound, Tantalizing Taste, Harnessing Heat.

## WEDNESDAY PROGRAMS

### **Basketball (Lytton Park)**

Grades: 1-5

Cost: \$145

Min/Max: 10/20

Are you full of energy and enthusiasm? Are you a team player? If you answered yes than this is the sport for you! In this class we'll learn the fundamentals of shooting, passing, and dribbling a basketball! On top of it all we'll be incorporating exciting games and music to further existing skills in the game of basketball while also developing new ones! So lace up your sneakers and get ready to ball! Our goal is to provide a positive learning experience for boys and girls in physical activity and sport specific instruction, in a safe, enjoyable and inclusive environment. Basketball players of all skill levels are welcome!

### **Cartooning (Lisa de Santis)**

Grades: 2-6

Cost: \$142

Min/Max: 13/16

This course will teach students how to become creative thinkers, develop self expression through drawing, develop self confidence and most importantly how to use their imagination to the fullest. During this course students will learn how to use colour effectively, how to draw Warner Bros, Walt Disney as well as Japanese characters. Perspective and some traditional animation techniques will be covered. By the end of the course students will be given the opportunity to produce their own cartoon characters. This course is ideal for beginners and advanced alike.

### **Chess (Chess 'n Math Association)**

Grades: 1-6

Cost: \$90

Min/Max: 12/20

Lessons are tailored for beginner to advanced students and each lesson is followed by a practice session. Certificates indicating the level achieved are awarded at the end of each course. Math and strategy - the best part is children learn through play! Kids who participated last session will build from where they left off.

### **St. John Ambulance Babysitting - 6 weeks (Pat Cook)**

Grades: 6 (age 11+)

Cost: \$100

Min/Max: 10/16

A course designed to teach babysitting, leadership and First-Aid skills in a fun, informative way. Students learn how to care for infants, toddlers and older children, what questions to ask parents, how to give First Aid, and what to do in emergencies. Activity book activities, role-playing and hands-on practice teach skills and build confidence. Each student will receive a copy of an award winning publication, 'What Every Babysitter Should Know' workbook, and upon successful completion, a St John Ambulance Babysitter's attendance certificate.

## THURSDAY PROGRAMS

### Baking Bonanza (Kids Craft Company)

Grades: 1-4

Cost: \$140

Min/Max: 6/20

All kids enjoy spending time in the kitchen. Whether it be from pouring a bowl of cereal, to help making dinner, this time spent in the kitchen is important in a child's development and learning. The Kids Craft Company is excited to be returning to Allenby for our fourth year! With our easy to read recipes, we touch on reading and math skills. All students will be able to make the projects in class and also at home! All projects are NUT FREE and use natural ingredients, which is beneficial in your child's diet.

### Dynamix TeamWork Club **NEW!**

Grades: 1-6

Cost: \$98

Min/Max: 12/20

As seen in Allenby classrooms during the past school year! Each week, a Dynamix facilitator brings all the equipment for an exciting, new challenge that engages and motivates the students. Our engaging programs get kids moving, help them make better choices, and teach interpersonal, life, and leadership skills.

### KangaKids Fitness (Kanga Kids Toronto)

Grades: 2-6

Cost: \$130

Min/Max: 10/20

Jumping for joy is now an exercise! Who doesn't love to bounce? Imagine trampolines on your shoes and you've got Kangoo Jumps. They are safe, low impact rebound exercise shoes providing many health and fitness benefits. Most of all, they're fun! Join the KangaKids After School Program to bounce through games, sports, routines, bootcamp, and so much more on Kangoo Jumps! For more information, please visit the website [www.kangakidstoronto.com](http://www.kangakidstoronto.com).

### Yoga for Youth (Jai Jot Lafayette)

Grades: 1-6

Cost: \$124

Min/Max: 5/14

Yoga benefits the whole person through conscious breathing, movement, relaxation and focused attention. By raising awareness, self confidence and enhancing wellness, yoga can support all youth activities and relationships. Yoga at school enhances learning outcomes by providing time for body-mind activities and relaxation. Other benefits include development of flexibility, strength, stamina, agility, balance, coordination, cardiovascular fitness, communication and listening skills, creative imagination, and self-expression. Yoga is suitable for students of all physical abilities.

# APA AFTER 4 PROGRAM REGISTRATION INFORMATION

## Conditions of Registration and Participation

- It is understood that the Toronto District School Board, Allenby Parents' Association or any member of its administrative staff, cannot be held responsible in case of an accident during these activities. All reasonable precautions to ensure the safety of participants will be taken.
- Enrollment is based on a first-come, first served basis. Your child's enrollment will be confirmed by email (or by phone if no email).
- All registration fees are non-refundable.
- The minimum and maximum numbers are listed for each program. Waiting lists will be made for full classes.
- Due to congestion in the hallways students are asked to make their way directly to the workshop classroom in which their class is held at 3:35 pm where attendance will be taken.
- Grade 1 students will meet Jamie in the school office and she will escort them to the workshop classroom for the first 2 sessions. By the 3<sup>rd</sup> week, the grade 1's will make their way to the workshop classrooms independently.
- **It is the responsibility of the parent to inform the school if a child will NOT be attending an After 4 class. Please notify Jamie in the school AVP office at 416 393-9114 ext. 1 of any absences or changes in arrangements.**
- Every attempt will be made to contact the parent in the event that the child does not show up for class. Please leave alternate contact numbers.
- The After 4 Behaviour Code will be strictly enforced. If a child is asked to sit out in the office more than twice, he/she will **NOT** be allowed to continue in the session. ***Misbehaviour before, during, or after class could result in exclusion from further classes with no refunds given.***
- **Parents/caregivers are asked to pick up their child outside the library promptly at 4:45 pm. If parents/caregivers are late (after 5:00 pm) more than once, the child will no longer be allowed to attend the course. This policy will be strictly enforced. Please note the dismissal procedure: For safety purposes students must enter the Library and Jamie must check them off the attendance list before they can be released to parents/caregivers. Please be patient! Students who have permission to walk home on their own must check out with Jamie first. Jamie will escort the Daycare students to the Daycare.**

## APA AFTER 4 REGISTRATION FORM – FALL 2013

Student's Full Name: \_\_\_\_\_

Grade 1 2 3 4 5 6 Class Room No: \_\_\_\_\_

Parent(s)/Guardian Full Name: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Home Tel. No.: \_\_\_\_\_ Work No.: \_\_\_\_\_

Cell Phone No.: \_\_\_\_\_

Email Address: (please print clearly): \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Tel. No.: \_\_\_\_\_

Relation to Student: \_\_\_\_\_

Allergies/Medical Conditions/Health Concerns: \_\_\_\_\_

My child will be picked up at school by: \_\_\_\_\_

Site Administrator will return my child to Daycare: \_\_\_\_\_

My child can walk home unaccompanied: \_\_\_\_\_

**I would like to register my child for the following:**

| Monday (Oct 7-Nov 25)   | Tuesday (Oct 8-Nov 26)  | Wednesday (Oct 9-Nov 27)  | Thursday (Oct 10-Nov 28)   |
|---|---|---|--|
| <input type="checkbox"/> Acting and Improv (gr. 1-5) <b>\$102</b>                         | <input type="checkbox"/> Hip Hop Dance (gr. 1-6) <b>\$115</b>                     | <input type="checkbox"/> Babysitting (gr. 6 or age 11+) <b>\$100 *6 weeks</b> | <input type="checkbox"/> Baking Bonanza (gr. 1-4) <b>\$140</b>       |
| <input type="checkbox"/> Art – Mixed Media (gr. 1-6) <b>\$123</b>                         | <input type="checkbox"/> Kanga Kids Fitness (gr. 2-6) <b>\$130</b>                | <input type="checkbox"/> Basketball (gr. 1-5) <b>\$145</b>                    | <input type="checkbox"/> Dynamix TeamWork Club (gr. 1-6) <b>\$98</b> |
| <input type="checkbox"/> Soccer (gr. 1-6) <b>\$135</b>                                    | <input type="checkbox"/> Lego® Explorers and Builders Club (gr. 1-6) <b>\$145</b> | <input type="checkbox"/> Cartooning (gr. 2-6) <b>\$142</b>                    | <input type="checkbox"/> KangaKids Fitness (gr. 2-6) <b>\$130</b>    |
| <input type="checkbox"/> Ukulele (gr.3-6) <b>\$160</b><br><b>Ukulele included in cost</b> | <input type="checkbox"/> Mad Science (gr. 1-6) <b>\$134</b>                       | <input type="checkbox"/> Chess (gr. 1-6) <b>\$90</b>                          | <input type="checkbox"/> Yoga (gr. 1-6) <b>\$124</b>                 |

Number of Programs: \_\_\_\_\_ Total Amount Due: \_\_\_\_\_

Please return your **cheque** (payable to **Allenby Parents' Association**) and registration form to the **After 4 bin** in the school office **by September 27<sup>th</sup>** (in an envelope clearly marked "After 4").

**We have read and agree to the conditions of registration and participation on page 6.**

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**DAYCARE ONLY: I hereby agree to have my child, named above, released from Daycare to participate in After 4 on the following days:** Please check day(s):  Mon  Tues  Wed  Thur

Parent's Signature \_\_\_\_\_ Date: \_\_\_\_\_